

Healthy Minds: Buckinghamshire Primary Care Wellbeing Service
Floor 2
Prospect House
Crendon Street
High Wycombe
HP13 6LA.

Tel: 0844 2252 400
Fax: 0844 2252 401
Email: healthy.minds@buckspct.nhs.uk
www.healthymindsbucks.nhs.uk

Dear GP,

**Healthy Minds:
Buckinghamshire Primary Care Wellbeing Service**

Buckinghamshire PCT Primary Care Mental Health Service has been re-designed with new investment to provide improved access to NICE approved psychological therapies for people with common mental health problems in Buckinghamshire.

The new service will be called Healthy Minds: Buckinghamshire Primary Care Wellbeing Service. It will provide a single point of access for all referrals for people with common mental health problems needing cognitive behaviour therapy from 1st April 2009. Referral processes for all other services providing psychological therapies in primary and secondary care have not changed.

Please find enclosed the Healthy Minds Information Pack. This includes:

- Referral Guide for GPs. This provides brief information for GPs about the range of services providing psychological therapies in Buckinghamshire and how to access them.
- Leaflet about the Healthy Minds service for people with common mental health problems.
- Information about the Healthy Minds service for GPs.
- Healthy Minds Referral guidance and optional referral form.

If you have any questions or require further information on this new service please call Healthy Minds on 0844 2252 400.

Yours sincerely

Kurt Moxley
Mental Health Joint Commissioning Lead